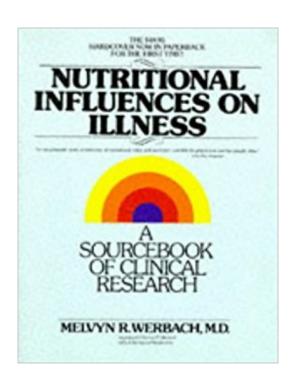
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# Nutritional Influences On Illness: A Sourcebook Of Clinical Research





## **Synopsis**

A guide to research and literature on the nutritional aspects of ninety-two diseases; discusses how nutrition affects and is affected by a variety of health conditions.

#### **Book Information**

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Average Customer Review: 3.8 out of 5 stars Â See all reviews (9 customer reviews)

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### **Customer Reviews**

With so many people today taking a variety of supplements, this book is an indespensable reference. Has cut my research time considerably. Part 1, Illnesses and the effects of nutrients, is a brief summary of the scientific evidence of a particular supplement. It has chapters on Common Nutritional Deficiencies, Dangers of Nutritional Supplementation, Laboratory Methods for Nutritional Evaluation, Syndromes Due to Abnormal Tissue Nutrient Levels, Nutrient Bioavailability and Interactions. This is a must buy book for anyone that is involved in prevention of diseases.

I have had the good fortune to be in possession of the first and second editions of this valuable infiormation on the necessry part nutrition plays in good health and good fortune. As an RN of days gone by I was happy to share this information with every health care professional I contacted. Werbach opened the door which brought REAL attention to the importance of GOOD NUTRITION. Thank you for asking....Sincerely, Roberta M Thorpe

This is a wonderful update to an all-time classic in the field of health and disease. I have used the First Edition of Dr. Werbach's book in my practice for 30 years and have shared the information with

every medical student who has rotated in my office. Kendall L. Wilson, Jr., D.O. Lewisburg, WV

The book is like cliff notes, and if you do not know everything then you have to find the referenced items. I am not a doc and would prefer to have things written out for me. The info was good, but I had to dig a lot further for it.

A good resource for anyone studying the effects of nutrition on health and wellness. Wish it could be updated monthly

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